



<b>Subject:</b>	<b>Notice of Motion – Premenstrual Dysphoric Disorder (PMDD)</b>
<b>Date:</b>	28th April, 2026
<b>Reporting Officer:</b>	Nora Largey, City Solicitor/Director of Legal and Civic Services
<b>Contact Officer:</b>	Jim Hanna, Democratic Services and Governance Manager

<b>Restricted Reports</b>	
<b>Is this report restricted?</b>	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>
<p><b>Please indicate the description, as listed in Schedule 6, of the exempt information by virtue of which the council has deemed this report restricted.</b></p> <p><b>Insert number</b> <input type="checkbox"/></p> <ol style="list-style-type: none"> <li>1. Information relating to any individual</li> <li>2. Information likely to reveal the identity of an individual</li> <li>3. Information relating to the financial or business affairs of any particular person (including the council holding that information)</li> <li>4. Information in connection with any labour relations matter</li> <li>5. Information in relation to which a claim to legal professional privilege could be maintained</li> <li>6. Information showing that the council proposes to (a) to give a notice imposing restrictions on a person; or (b) to make an order or direction</li> <li>7. Information on any action in relation to the prevention, investigation or prosecution of crime</li> </ol>	
<b>If Yes, when will the report become unrestricted?</b>	
<b>After Committee Decision</b> <b>After Council Decision</b> <b>Sometime in the future</b> <b>Never</b>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

<b>Call-in</b>	
<b>Is the decision eligible for Call-in?</b>	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>

<b>1.0</b>	<b>Purpose of Report/Summary of Main Issues</b>
1.1	To consider the Notice of Motion received for the meeting of the Council on 5th May, 2026 in relation to Premenstrual Dysphoric Disorder (PMDD).
<b>2.0</b>	<b>Recommendation</b>
2.1	The Committee is asked to consider the motion and agree to either adopt the motion, refer it for debate at the Council meeting (with or without restrictions) or reject the motion.
<b>3.0</b>	<b>Main Report</b>
3.1	<p><b><u>Key Issues</u></b></p> <p>The Committee will be aware that Standing Orders 13 (m) to (r), as agreed by the Council at its meeting on 4th October, are as follows:</p> <ul style="list-style-type: none"> <li>(m) <i>The Standards and Business Committee will have delegated authority to adopt or reject Notices of Motion. The Lord Mayor will indicate at the Council meeting those Notices of Motion that have been considered by the Standards and Business Committee and whether such Notices of Motion were rejected or adopted. In either case, the proposer only may speak on the issue at Council.</i></li> <li>(n) <i>The Standards and Business Committee will refer all Notices of Motion directly to a standing committee when the matter to which the Notice of Motion refers falls within the remit of that committee. At Council, the Lord Mayor will indicate that the Notice of Motion was received and referred. There will be no speakers on such Notices of Motion at Council.</i></li> <li>(o) <i>The Standards and Business Committee will refer Notices of Motion for consideration by full Council when the Notice of Motion relates to a strategic or constitutional matter.</i></li> <li>(p) <i>The Standards and Business Committee will not have the power to amend the wording of any Notice of Motion that is being referred to the full Council for debate.</i></li> <li>(q) <i>Any amendments to Notice of Motions to be proposed at the Council are to be furnished at least one day in advance of going to the full Council and will be circulated to Party Group Leaders in advance of the Council meeting.</i></li> <li>(r) <i>In referring any matter to the full Council, the Standards and Business Committee may determine to restrict contributions to the debate in relation to any Notice of Motion to one per political party. At the Council meeting, the Lord Mayor will clearly indicate if the restriction applies.</i></li> </ul> <p>The following motion has been received:</p> <p><b><u>Premenstrual Dysphoric Disorder (PMDD) motion</u></b></p> <p>“This Council recognises that April is PMDD Awareness Month. PMDD stands for Premenstrual Dysphoric Disorder, which is an endocrine disorder and is the abnormal reaction to fluctuations in hormones.</p>
3.2	

	<p>This Council notes that PMDD affects 1 in 20 women and those assigned female at birth and has serious impacts on their mental and physical health. Symptoms can be emotional, physical and psychological including mood swings, fatigue, pain and suicidal ideations, and can affect those with the conditions for up to two weeks of every month. 34% of those with the condition have attempted to take their own life, yet despite how serious the condition can be there is a lack of training and awareness of the condition throughout GPs and medical practitioners. It can take twelve years to get a diagnosis and it can often be misdiagnosed and therefore mistreated as bipolar disorder.</p> <p>This Council will write to the Department of Health to ask them what training and awareness campaigns they provide for medical practitioners of the symptoms of PMDD and will also write to the Public Health Agency to ask them to launch a public campaign to highlight the condition and how to track the symptoms.</p> <p>This Council will work with the PMDD Project to hold workshops for councillors and all council staff to provide more awareness and information of how to get help for the condition.”</p> <p>Proposer: Councillor Áine Groogan</p> <p>Seconder: Councillor Jenna Maghie</p>
3.3	<p>The motion calls upon the Council to write to the Public Health Agency to ask them to launch a public campaign to highlight PMDD - the Committee can either adopt the motion, refer it for debate at the Council meeting (with or without restrictions) or reject the motion.</p>
3.4	<p><b><u>Financial and Resource Implications</u></b></p> <p>None associated with this report.</p>
3.5	<p><b><u>Equality or Good Relations Implications</u></b></p> <p>None associated with this report.</p>
<b>4.0</b>	<b>Documents Attached</b>
	None.